**RUN**



**CFD**

**5k Participant Registration Form**

|  |  |
| --- | --- |
| Participant Contact Information | |
|  |  |
| Name (Last, First) | **Date of Birth** |
|  |  |
| Mailing Address | **City, State Zip** |
|  |  |
| Email Address | **Phone Number** |

|  |  |
| --- | --- |
| Additional Participants | |
|  |  |
| Name (Last, First) | **Date of Birth** |
|  |  |
| Name (Last, First) | **Date of Birth** |
|  |  |
| Name (Last, First) | **Date of Birth** |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Payment Information | | | | |
| All payments should be made by check, payable to Combined Fund Drive, and sent with your registration form to:  RUN CFD Charity 5K  c/o Alana Schmidt  PO Box 48380  Olympia, WA 98504-8380  All proceeds for this event will be donated to Homeless Backpacks Program (1478940)  \*\*Bring donation items – listed on the back of this form – for your chance to win prizes! | | | | |
|  | | | | |
| Number of Participants: |  | **Cost per participant is $25**  **(Ages 11 and older)** | **Subtotal:** |  |
| \*\*Participants ages 10 and under are FREE\*\* | | | Additional Donation (Optional): |  |
|  | | | **Total Enclosed:** |  |

|  |  |
| --- | --- |
| Homeless Backpack Program Donation Item List | |
| While our charity appreciates your donations, they ask that any food type donation be limited to the items listed below due to the nature of the program’s restrictions: | |
|  | |
| Item | **Single Serving Size** |
| Apple Sauce | 4 Ounce Container |
| Austin Variety Cracker Packs | 6 Crackers (1 Package) |
| Chili | 15 Ounce Can |
| Fruit Cups / Mandarin Oranges | 4 Ounce Container |
| Granola Bars – Nature Valley | 2 Bars |
| Juice Boxes | 6.75 Ounce Container |
| Mac N Cheese | 7.25 Ounce Container |
| Chocolate Milk | 8.25 Ounce Carton |
| Quaker Oatmeal | Single Package |
| Popcorn | 1 Bag |
| Ravioli | 15 Ounce Can |
| Rice Krispie Treats | 1 Bar |
| Top Ramen | 3 Ounce Package |
| Tuna | 5 Ounce Can |
| ZipLoc Bags | Gallon Size |